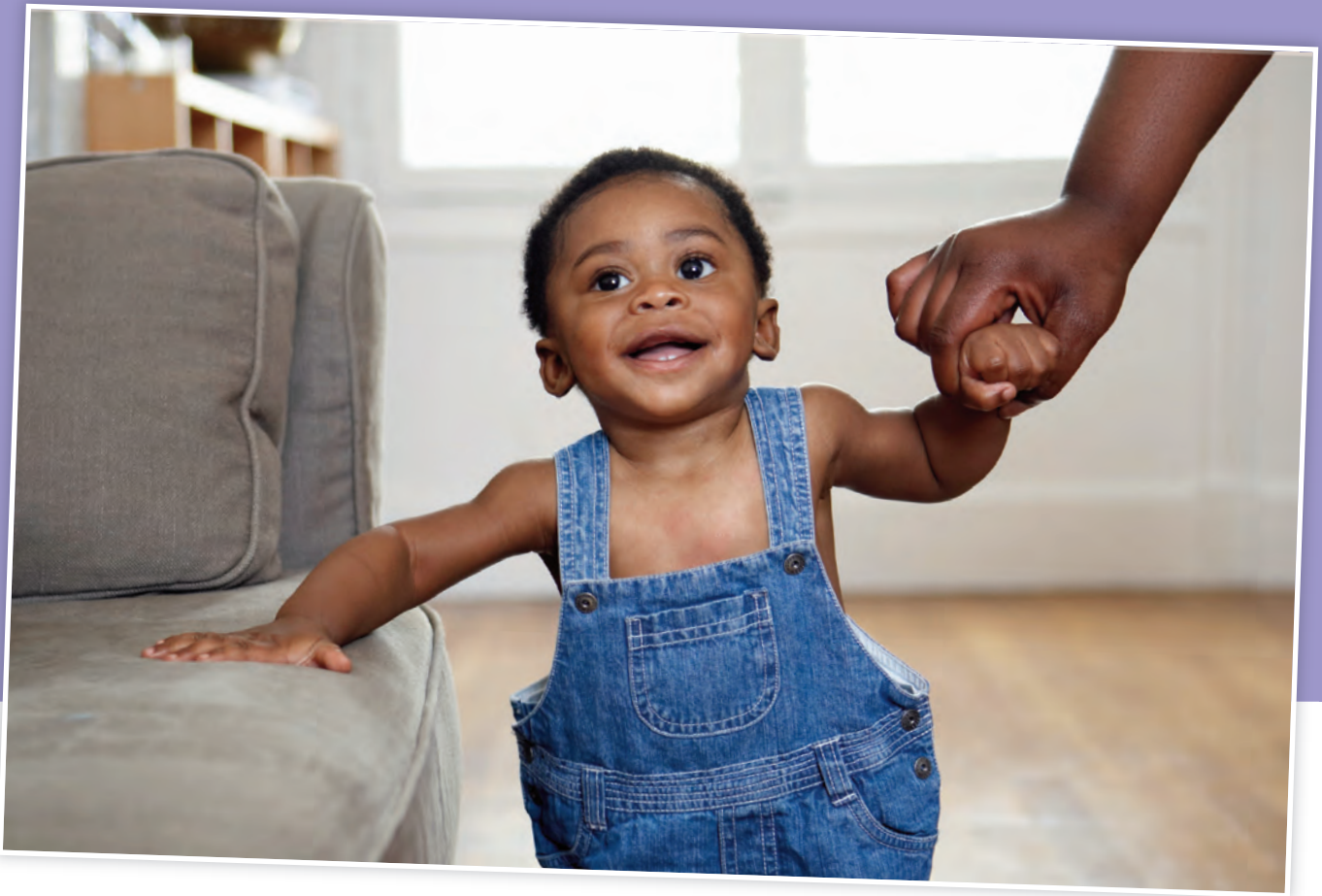


Physical activity during the early years sets the stage for an active life!



Whether at home, in childcare, at school, or in the community, we all have a role in getting kids active.

For more information, tips and activity ideas,
visit haveaballtogether.ca



**Have a Ball
Together!**

*best start
meilleur départ*

by/par health *nexus* santé

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